



Personal Support Worker PROGRAM OUTLINE

PROGRAM DETAILS

Our **Personal Support Worker certification Program** is designed to provide students with the latest concepts, techniques and best practices used in Canada healthcare settings. Practical training and hands-on experience enable students to apply their knowledge in real-world scenarios, preparing them for the demands of the profession. This comprehensive course ensures that students acquire the **essential skills** needed to effectively meet the **emotional and physical needs of residents and clients under their care.**

ADMISSION REQUIREMENTS

- High School Diploma or equivalent
- Minimum 18 years or older
- Proficiency in English
- Clear Vulnerable Sector Police Check
- Immunization and Health ensuring safety

For the most accurate and up-to-date admission requirements, we recommend contacting our college campus directly or visiting our website. Please note that meeting the minimum requirements does not guarantee admission, as certain programs may have limited availability.

EMPLOYMENT PROFILE

Experienced and compassionate Personal Support Worker (PSW) with a proven track record of providing high-quality care to individuals in need. Skilled in **assisting with activities of daily living (ADL), administering medication, and promoting the overall well-being of clients. Strong communication and interpersonal abilities, fostering positive relationships with clients and their families.** Committed to upholding safety standards, monitoring vital signs, and promptly reporting any changes to healthcare professionals. Dedicated to providing person-centered care and ensuring the comfort, dignity and independence of clients. Passionate about making a positive impact in the lives of others through compassionate care and support.

CAREER OPPORTUNITIES

The Personal Support Worker program prepares you for a variety of **rewarding career opportunities** in the healthcare field. Upon completion of the program, you will be equipped with the necessary skills and knowledge to pursue the following roles:

- **Long Term Care Facility Worker**
- **Hospital Support Worker**
- **Palliative/ Hospice Care Provider**
- **Community Support Worker**
- **Rehabilitation Assistant**
- **Respite Care Provider**
- **Home Support Worker**

95%	Graduate Satisfaction
\$41K - 54K	Annual Salary
\$20/hr - 26/hr	Hourly Rate

**According to jobbank.gc.ca (NOC 44101)*

PROGRAM DURATION

Total program hours	700 Hours
Total program length	26 weeks

PROGRAM OUTLINE

We are excited to offer our Personal Support Worker program through **hybrid learning** methods, providing students with flexibility and convenience. Please be aware that changes to the delivery method may occur based on circumstances and requirements.

The curriculum developed by the **National Association of Career Colleges (NACC)** is carefully designed to meet industry standards and is subject to occasional modification to ensure its relevance and effectiveness. The program comprises various modules that cover essential topics in the field of Personal Support Worker, including patient care, health and safety, communication skills, medical knowledge, dementia and mental health care, and end-of-life care.

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PROGRAM SUMMARY

This table will display a summary of total instructional hours, delivery format and percentage weight for every type of learning entered in the List of Subjects. The Ministry, Career College and any subject or education assessors may refer to this section for a general understanding of the components of the program.

Type of Learning	Total Instruction Hours	Delivery Format	% Weight
Theory	400.00	Hybrid	57.15
Practicum	300.00	In-Person	42.85
Total Programming Hours	700.00		100

List of subjects with the time allocation for each

#	Subject	Instruction Hours	Delivery Format
1	PSW Foundations	55.00	Online/ Hybrid
2	Safety and Mobility	40.00	Online/ Hybrid
3	Body Systems	40.00	Online/ Hybrid
4	Assisting with Personal Hygiene	30.00	Online/ Hybrid
5	Abuse and Neglect	15.00	Online/ Hybrid
6	Household Management, Nutrition and Hydration	25.00	Online/ Hybrid
7	Care Planning, Restorative Care, Documentation, Working in community	30.00	Online/ Hybrid

8	Assisting the family, Growth and Development	25.00	Online/ Hybrid
9	Assisting the Dying person	30.00	Online/ Hybrid
10	Assisting with Medication	20.00	Online/ Hybrid
11	Cognitive and Mental Health Issue and Brain Injuries	40.00	Online/ Hybrid
12	Health Conditions	40.00	Online/ Hybrid
13	Gentle Persuasive approaches in Dementia Care	10.00	In Person
14	Clinical Placement (Facility)	200.00	In Person
15	Clinical Placement (Community)	100.00	In Person

**The course content may be changed as per NACC requirements.*

Please Note:

- a) The courses listed above may not be presented in the order that they appear in this outline.
- b) Textbooks and supplies necessary for the program, including all required certifications, are included in the fee structure.
- c) A segment of the program may utilize online and/ or computer-assisted learning courses or a combination of various learning methods, including instructor moderation and online-delivery, to enhance the learning experience.
- d) To support continuous program development and updates, the College reserves the right to make amendments or modifications are needed. These revisions may include adjustments to content, updates to the curriculum, changes in course titles, materials, schedules, distribution of course content, sequencing of course delivery, instructor or course substitutions, and updates to technology software, or equipment.